



# Coronavirus changes to our routine: 3 Vet expert Tips to help your cat adapt

In these challenging days your cat will be obliged to share their home with you and your family all day. This change is difficult for us but also your cat.

Normally you have a part-time relationship with your feline friend; you are out of the house for many hours working and enjoying your social life, and your cat can be very happy when you finally come back home. However, in the current situation having all of the family around all day long can be very stressful for your cat. Remember, cats love peace and quiet and being in control of their home and routine.

That's why FELIWAY have asked a Vet expert for useful tips:

## [H2] Good pampering and affection but not too much

*"Your cat knows that there is something different happening. The sudden change in your cat's routine because there are people home all day can be very challenging for your cat."*, says board-certified veterinary behaviorist Valarie Tynes.

Pampering your cat is a very comforting activity for you and your cat but we have to be careful with this human behavior in order not to generate, even unconsciously, any stress or discomfort in your pet!

You can also play with your lovely friend, see ideas below.

You and your family being at home all day could annoy your cat, as they may find it more difficult to find a quiet place to have their cat nap. Make sure your cat can still access their favorite resting places and elevated places where they like to watch what is going on!

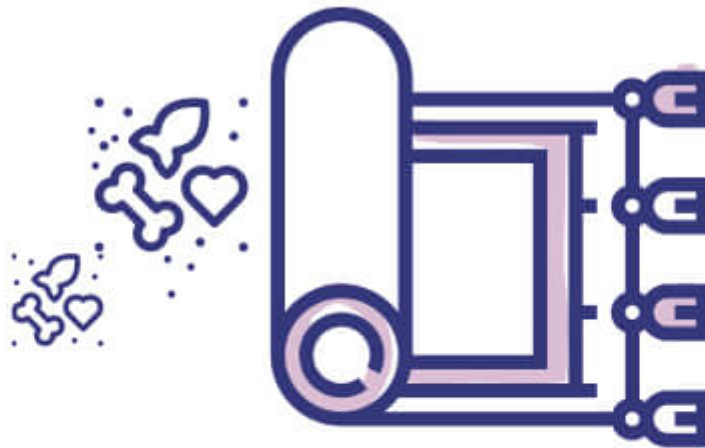


## [H2] Don't panic and play together

First of all, don't panic! Your cat can pick up on your anxiety, so it is better to limit manifestations of stress and agitation to avoid transferring these feelings to them. Try to use this time to deepen the knowledge of your cat and reinforce your relationship. When your cat shows they're ready you can play funny games with them and find new ways to be happy together!

### [H3] 1. Hide and seek

Hide some treats - which are part of your cat's daily food - under the corner of a carpet or towel lying on the floor. You can play together to find them



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**You can play together to find them!**

### [H3] 2. Water game

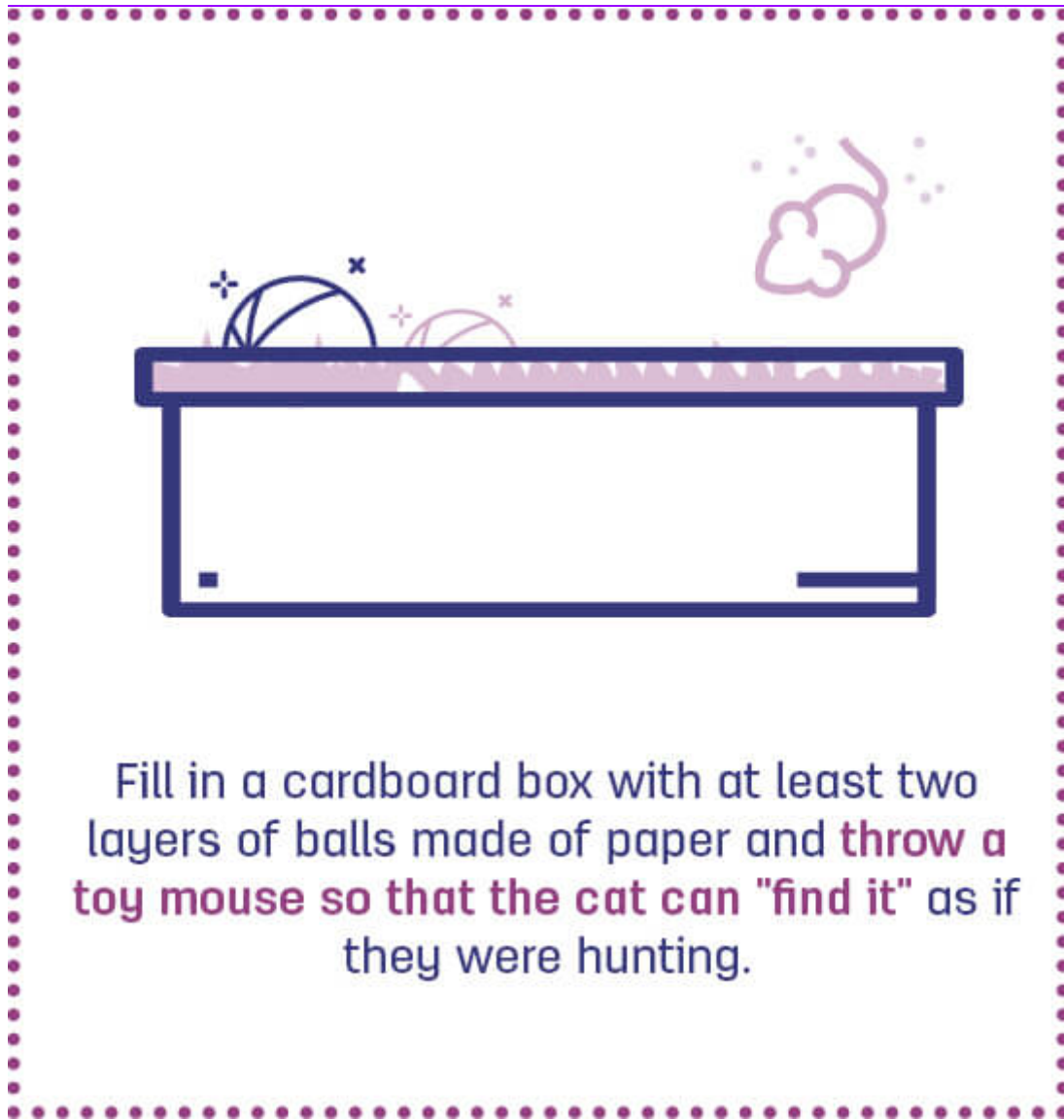
Put a small quantity of water in a container and add a plastic ball or a paper boat: play with the cat to push the object here and there through the water



Put a small quantity of water in a basin and **dip a plastic ball or a paper boat.** Play with your cat and **push the object** around on the surface.

### [H3] 3. Hunting game!

Fill the bottom of a cardboard box with at least two layers of balls made of paper and throw a toy mouse so that the cat can "find it" as if it were hunting.



Fill in a cardboard box with at least two layers of balls made of paper and **throw a toy mouse so that the cat can "find it"** as if they were hunting.

[H3] 4. Catch it if you can

Build a paper plane and challenge the cat to catch it during the flight. Alternatively, you might consider a covered or contained litter box which is a good way of containing any spillage.



**Build a paper plane** and challenge the cat to catch it. Alternatively, you might consider a covered or contained litter box which is a good way of avoiding any spillage.



## [H2] Consider FELIWAY

Feliway Classic Diffuser sends a natural message of comfort that creates a calm and reassuring environment in the house and helps to prevent and manage the stress in your cat and being even happier together!

If you are staying home with your cat, share your stories on Facebook with the #feliwayathome with us!

Stay safe!

The FELIWAY team

#feliwayathome